

UČNI NAČRT PREDMETA / COURSE SYLLABUS

Predmet: Nasilje in psihoterapija
Course title: Psychotherapy and Violence

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Psihosocialna pomoč, druga	/	1., 2.	2., 4.
Psychosocial counseling, second	/	1st, 2nd	2nd, 4th

Vrsta predmeta / Course type

Izbirni / Elective

Univerzitetna koda predmeta / University course code:

Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje work	Druge oblike študija	Samost. delo Individ. work	ECTS
30		15			105	5

Nosilec predmeta / Lecturer:

Doc.dr.Nevenska Podgornik

**Jeziki /
Languages:****Predavanja /
Lectures:** Slovensko / Slovenian, Angleško / English**Vaje / Tutorial:** Slovensko / Slovenian, Angleško / English**Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:**

Pogoj za vključitev v delo je vpis v 1. letnik študija.

Prerequisites:Prerequisite for the subject is the enrollment in the 1st year of master study.**Vsebina:****Content (Syllabus outline):**

<ul style="list-style-type: none"> - Zgodovinska perspektiva prepoznavanja nasilja in zlorab. - Refleksija nasilja in zlorab v javni sferi. - Definicije nasilja. - Nasilje in zloraba otrok v družini. - Nasilje nad ženskami. - Oblike nasilja in zlorab. - Prepoznavanje nasilja in zlorabe otrok. - Na otroka usmerjena perspektiva terapevtskega in svetovalnega dela. - Komunikacija z otrokom. - Razvijanje terapevtskega odnosa z otrokom. - Sistemski model pomoči pri obravnavi nasilja v družini. - Oblike pomoči odraslim žrtvam, ki so preživele nasilje. - Oblike pomoči storilcem nasilja. 	<ul style="list-style-type: none"> - Historical perspective of identifying violence and abuse. - Reflection of violence and abuse in the public sphere. - Definitions of violence. - Violence and abuse of children in the family. - Violence against women. - The forms of violence and abuse. - Identifying violence and child abuse. - A child-centered perspective of therapeutic and counseling work. - Communicating with children. - Developing a therapeutic relationship with the child. - Systemic model of support in dealing with domestic violence. - Forms of help for adult survivors of violence. - Forms of help for perpetrators of violence.
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Temeljni literatura in viri / Readings:

Bear Z., (Ur.) (1998), Good practice in counselling people who have been abused. Good practice series 4. London: Jessica Kingsley Publishers.

Cooper, D. M., Ball, D. (1991), Social work and child abuse. Houndmills, Basingstoke, Hampshire, London: Macmillan.

Gil, E., (1996), Treating Abused Adolescents. New York, London: Guilford Press.

Madanes, C. (1990), Sex, Love, and Violence: strategies for transformation. New York, London: W.W. Norton & Company.

Miller, A. (2005), Upor telesa. Ljubljana: Tangram.

Oates, R. K. (1996), The spectrum of child abuse: assesment, treatment and prevention. New York: Brunner/Mazel, Publishers.

Van der Kolk B. A., McFarlane A. C., Weisaeth, L. (Ur.) (1996), Traumatic Stress. New York: The Guilford Press.

Walker M (1997). Učenje veščin za delo z ženskami in otroci, ki preživljajo nasilje. Socialno delo, 36: 415-425.

Wilson, J. (2003), Child-Focused Practice. A Collaborative Systemic Approach. London: Karnac Books.

Cilji in kompetence:

Objectives and competences:

Cilji predmeta so razumevanje vpliva nasilja predvsem na življenjski svet otroka in ženske, prepoznavanje različnih oblik nasilja in učenje o oblikah ukrepanja, zaščite in podpore v procesu okrevanja.

Učna enota prispeva k razvoju naslednjih splošnih in predmetnospecifičnih kompetenc:

- poznavanje in razumevanje osnovnih konceptov in metod, seznanjenost z novostmi na področju študija
- sposobnost analize, sinteze in predvidevanja rešitev ter posledic
- sposobnost uporabe znanja v praksi in reševanja problemov
- etična refleksija in zavezanost profesionalni etiki
- zmožnost vrednotenja implikacij problemov kulture, rase, spola, seksualnih orientacij za svetovalno in psihoterapevtsko delo
- sposobnost raziskovanja in refleksije svoje osebne vpletenosti v postopke svetovanja in psihoterapije

The aim of the course is to understand the impact of violence, especially on the life of the children and women, to recognize various forms of violence and to learn about the forms of action, protection and support in the recovery process.

Learning unit contributes to the development of generic and subject specific competences:

- Understanding of basic concepts and methods, familiarity with innovations in the field of study
- The ability of critical analysis, synthesis and prediction of solutions and consequences,
- The ability to apply knowledge in practice and to solve problems
- Ethical reflection and commitment to professional ethics
- Ability to evaluate the implications of the problems of culture, race, gender and sexual orientations for counseling and psychotherapy
- The ability to research and to reflect on their personal involvement in the processes of counseling and psychotherapy

Predvideni študijski rezultati:

Študenti:

- razvijajo občutljivost za vprašanje spola v psihoterapiji
- razvijajo refleksijo kulturnega, zgodovinskega konteksta
- seznanijo se z definicijami nasilja
- naučijo se prepoznavati oblike nasilja
- osvojijo metode sistemskega model pomoči v primeru spolne zlorabe
- osvojijo metode psihoterapevtske pomoči v primeru odraslih, ki so preživljali ali preživljajo nasilje

Intended learning outcomes:

Students:

- Develop sensitivity to gender issues in psychotherapy
- develop reflection on cultural, historical context
- are acquainted with the definitions of violence
- learn to recognize different forms of violence
- acquire methods of systemic model of support in the case of sexual abuse
- acquire methods of psychotherapeutic help in the case of adults who survived violence or are victims of violence

Metode poučevanja in učenja:**Learning and teaching methods:**

<ul style="list-style-type: none"> - Predavanja z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, male skupine); - Eksperimentalne vaje, ki temeljijo na izkustvenem učenju (demonstracije, opazovanje, eksperimentiranje z opazovanimi metodami, povratna informacija, refleksija izkušenj)

<ul style="list-style-type: none"> - Lectures with students' active participation (lecture, discussion, questions, small groups); - Experimental exercises that are based on experiential learning (demonstrations, observation, experimentation with methods of observation, feedback, reflection on experience)

Načini ocenjevanja:Delež (v %) /
Weight (in %)**Assessment:**

Pisni izpit	50	Written examination
Seminarska naloga s poročili eksperimentalnih vaj ter predstavitev naloge	50	Seminar paper with reports from experimental exercises and presentation of the seminar paper
Ocenjevalna lestvica – skladno s Pravilnikom o preverjanju in ocenjevanju znanja.		Grading is in accordance with the Faculty's evaluation Ordinance.

Reference nosilca / Lecturer's references:

<ul style="list-style-type: none"> • FLAKER, Vito, CUDER, Maja, NAGODE, Mateja, PODBEVŠEK, Kristina, PODGORNIK, Nevenka, RODE, Nino, ŠKERJANC, Jelka, ZIDAR, Romana. <i>Vzpostavljanje osebnih paketov storitev : poročilo o pilotskem projektu Individualiziranje financiranja storitev socialnega varstva</i>. Ljubljana: Fakulteta za socialno delo, 2007 • PODGORNIK, Nevenka. Mental health as a public social problem. <i>Global journal of human social sciences</i>, 2014, vol. 14, issu. 1, str. 22-31 • PODGORNIK, Nevenka. Depression : a socio-cultural way of manifesting women's psychological crises. <i>Anthropol. Noteb</i>, 2012, year 18, no. 2, str. 55-67. • PODGORNIK, Nevenka, KOVAČIČ, Andrej. The Influence of gambling on criminal activities in the region of Goriška. <i>Innovative issues and approaches in social sciences</i>, ISSN 1855-0541, 2013, vol. 6, no. 1, str. 135-154. • PODGORNIK, Nevenka. The social exclusion of immigrants and the Romanian ethnic group and the problems with their situation in Slovenian schools and in education. <i>Innovative issues and approaches in social sciences</i>, may 2012, vol. 5, no. 2, str. 69-89 • PODGORNIK, Nevenka. The role of poverty and social exclusion in the acquirement of educational and psychosocial competences of children. <i>Innovative issues and approaches in social sciences</i>, 2012, vol. 5, no. 3, str. 83-108

- PODGORNIK, Nevenka. Knowledge and treatment skills in the field of psychosocial counselling. Innovative issues and approaches in social sciences, ISSN 1855-0541, May 2015, vol. 8, no. 2, str. 141-149.
- KOVAČIČ, Andrej, PODGORNIK, Nevenka, PRISTOV, Zorica, RASPOR, Andrej. Mobbing in a non-profit organisation. Organizacija : revija za management, informatiko in kadre, ISSN 1318-5454. [Tiskana izd.], maj 2017, vol. 50, no. 2, str. 178-187
- KOVAČIČ, Andrej, PODGORNIK, Nevenka. The sociological view of a late-modern individual's identity. Innovative issues and approaches in social sciences, ISSN 1855-0541, May 2017, vol. 10, no. 2, str. 21-41, ilustr. <http://www.iiass.com/pdf/IIASS-volume10-number2-2017.pdf>, doi: 10.12959/issn.1855-0541.IIASS-2017-no2-art02.
- VEHOVAR, Urban, MAKAROVIC, Matej, PODGORNIK, Nevenka, ČERNIČ, Mateja. *Od ekonomskega do kulturnega kapitala : izobraževalni sistem kot dejavnik socialnega izključevanja v Republiki Sloveniji*. Ljubljana: Vega, 2009.
- PODGORNIK, Nevenka. Kriva je Eva : androcentrična konstrukcija stvarnosti in manifestiranje psihičnih kriz žensk. Ljubljana: Vega, 2012.
- PODGORNIK, Nevenka. Psihične krize sodobnega človeka. Sociološko-antropološka perspektiva in vpogled v psihoterapevtsko prakso. Trnava: Univerza Sv. Cirila in Metoda, 2014
- PODGORNIK, Nevenka. Vloga revščine in socialne izključenosti na pridobivanje izobraževalnih in psihosocialnih kompetenc otrok. Anthropos : časopis za psihologijo in filozofijo ter za sodelovanje humanističnih ved, ISSN 0587-5161, 2014, letn. 46, št. 1/2, str. 195-220.
- PODGORNIK, Nevenka. Depression : a socio-cultural way of manifesting women's psychological crises. Anthropol. noteb.. [Tiskana izd.], 2012, year 18, no. 2, str. 55-67
- PODGORNIK, Nevenka. Reality psychotherapeutic process with a person that has mental disorders. Research in social change, sept. 2012, no. 4, iss. 3, str. 187-216
- PODGORNIK, Nevenka. A Psychotherapeutic treatment of psychosomatic problems. Innovative issues and approaches in social sciences, 2014, vol. 7, no. 3, str. 148-166.
- PODGORNIK, Nevenka. Psihologija osebne svobode sodobnega človeka. Anthropos, 2010, letn. 42, št. 3/4, str. 153-167.
- PODGORNIK, Nevenka. Terapevtsko svetovalni proces z otrokom in mladostnikom s težavami v odraščanju in njegovimi starši. Educa, jun./jul. 2011, letn. 20, [št.] 2/3, str. 62-74.
- PODGORNIK, Nevenka. Prikaz obravnave težav v duševnem zdravju z realitetnim svetovalno-terapevtskim pristopom : študija primera = A presentation of a treatment of psychological problem with reality therapy : case study. Kairos, 2011, letn. 5, št. 1/2, str. 59-73.
- PODGORNIK, Nevenka. Izzivi sodobne vzgoje. 1. izd. Ljubljana: Vega, 2015. 142 str. ISBN 978-961-93392-9-9.